



Youth Volleyball League Rules

All matches will be played under current USAV rules, except as modified by the following St. Louis Sports Center League Rules.

General Rules of Play

- Each team will play 3 games to 25 (27 point cap) – Rally scoring.
- All matches will be 55 minutes in length (5 minute warm-up time included). Whichever team is up by 2 points after 55 minutes will be declared winner of that game.
- Teams will be allowed a 10-minute grace period before forfeiting.
- Each team may take two "Time Outs" per game, each limited to 30 seconds.
- It is a side-out or opponents point if you go on to the court of an adjacent game.
- The league standings will be based on the percentage of games won out of the total games played. In the event of identical records, the tiebreaker will be based on head-to-head matches, win-loss, then point differential.

Referees

- All calls made by the referee are judgment calls. Because there are no line judges, the referee may be blocked out and cannot see the line. If the referee needs help on a line call, he or she will ask both teams. If there can be no consensus between the two teams then a replay will be called.
- If a player is disrespectful, the referee is empowered to award a point to the opposing team, or to throw a player out of the game if necessary. Please note: Only captains may address the referees during the game.
- The referees are part of our staff and if one is ever late or you have a problem with one, please E-mail us the next day at volleyball@stlsportscenter.com.

St. Louis Sports Center Rules

- Unsportsmanlike conduct will not be tolerated!
- Absolutely no outside drinks or food allowed!
- All players must be registered and have completed the Waiver Form!

Gameplay Specifications based on Grade Levels

5th Grade

- Volley-lite Volleyballs
- 7' Net
- Adjusted Service Lines

6th Grade

- Regulation Volleyballs
- 7' Net
- Adjusted Service Lines

7th Grade to High School

- Regulation Volleyballs
- 7'4" Net